

Family Resource List

****A full list of resources is available by texting "GaCovid19" to 898211 from your mobile device. For a list of resources available based on your zip code, text 211od to 898211.****

<u>Well-Being (Health, Behavior, COVID-19 Updates)</u>	
<u>Resource</u>	<u>Website</u>
Mental Health America (Tips)	https://www.mhanational.org/
CDC	https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html
Open Counseling	https://opencounseling.com/hotlines-us
YMCA 360 (Movement classes for adults & children)	https://ymca360.org/
Georgia Department of Health: COVID-19 Updates/Resources	https://dph.georgia.gov/covid-19-daily-status-report
SuperBetter (Resilience)	https://www.superbetter.com/
Online Positive Support Behavior Support Training for Families	www.cld-gsu.edu
Mental Health Webinars (9/28, 9/30, 10/7, 10/14- times vary)	https://www.eventbrite.com/d/online/mental-health/
NAFSCE- National Association for Family, School, and Community Engagement	https://nafsce.org/page/About
Strengthening Families (Georgia)- social/ emotional coaching, discussions on race	www.StrengtheningFamiliesGA.net

<u>Educational Resources (School Readiness, Child Development, Training, & Activities)</u>	
<u>Resource</u>	<u>Website</u>

Alison.com	https://alison.com/courses
Openlearn.com	https://www.open.edu/openlearn/free-courses/full-catalogue
Cox Campus (Birth – 8 yrs.)	https://www.coxcampus.org
PBS Learning Media (All Grade Levels)	https://www.pbslearningmedia.org
Adapted Mind (Available Free Trial)	https://www.adaptedmind.com
ABC Mouse (Code: school7771)	https://www.abcmouse.com/
Created (Home learning activities & strategies)	https://created.crayola.com/homelearning
Family resources for learning science, games, homework resources, & activities	https://kids.nationalgeographic.com/
Spanish & English teaching tools, lesson plans, activity guides, and students videos	https://reading.ecb.org/
Dr. Seuss related games and activities elementary school age children	https://www.seussville.com/
Educational games and activities (Pre-K – 6 th Grade)	https://www.abcya.com/
Math and reading games (K - 8th grade)	https://www.funbrain.com/
Free games and activities (Pre-K - 3rd grade)	www.starfall.com
Free games and activities for elementary kids	https://www.highlightskids.com/
Free tours of museums	tinalikes.com/freemuse
Georgia Department of Education	www.gadoe.org
Center for Puppetry Arts	https://puppet.org/center-for-puppetry-arts-home/
Children’s Museum of Atlanta	https://childrensmuseumatlanta.org/blog/
Duolingo- Learn a Language	https://www.duolingo.com/learn

<u>Financial Resources</u>	
<u>Resource</u>	<u>Website</u>
Alison.com	https://alison.com/courses
Low cost internet and computers	https://www.internetessentials.com/
Georgia Assistance and Financial Aid Programs	https://www.needhelppayingbills.com/html/georgia_assistance_programs.html
Financial Assistance Programs in Georgia	https://freefinancialhelp.net/georgia-assistance-programs/

Below is a list of grant/funding opportunities.

- **The Heating Program (Regular Energy and Crisis Intervention Assistance) begins NOV. 1 for residents 65 years or older, or homebound.**
 - **All other eligible residents can apply starting DEC 2.**
 - **The Georgia Low Income Energy Assistance Program (LIHEAP) is designed to provide financial assistance to**
 - **low-income eligible household**
 - **energy crisis assistance**
 - **provide long-term & low- cost residential weatherization assistance**
 - **energy bill payment assistance**
 - **federally funded program**
 - **Link---> <https://dfcs.georgia.gov/services/low-income-home-energy-assistance-program-liheap>**

- **Lifeline- a federally funded program that lowers monthly cost of phone and internet services.**
 - **Eligible customers will receive up to \$9.25 toward their bill.**
 - **Can only use Lifeline for phone OR internet, not both.**
 - **Link ---> <https://www.lifelinesupport.org/>**

<u>Senior Resources</u>	
<u>Resource</u>	<u>Website</u>
Free resources for senior citizens	https://aging.georgia.gov/ https://friendsofgwinnettseniors.org/

<u>Food Resources</u>	
Check your local school system webpage to find out where they are distributing free meals for students.	
<u>Resource</u>	<u>Website</u>
Atlanta Community Food Bank Text FINDFOOD (or COMIDA en español) to 888.976.2232 You will then be prompted to enter a zip code and street address (or zip code only); you will then be given the 3 closest food distribution locations	http://www.acfb.org/covid-19-help-map .
Atlanta Public Schools	https://www.atlantapublicschools.us/
Clayton County Schools	https://www.clayton.k12.ga.us/
DeKalb County Schools	https://www.dekalbschoolsga.org/covid-19/covid-19/meal-sites/
Carlyle's Catering 404.458.8080	https://www.carlylescatering.com/

Fulton County Schools	https://www.dekalbschoolsga.org/covid-19/covid-19/meal-sites/
Marietta City Schools	https://www.marietta-city.org/mealdelivery
GSU Food Pantry	https://lewis.gsu.edu/nutrition/panthers-pantry/

<u>Resources for Spanish Speaking Families & Students</u>	
<u>Resource</u>	<u>Website</u>
Latin American Association (LAA)	thelaa.org
Hispanic Alliance Georgia	https://hispanicalliancega.org/

Below is a List of Beneficial Webinars:

- 2020 National Family Engagement Summit
 - Four-day virtual event led by the National Association for Family, School, and Community Engagement
 - 10/13/20- 10/16/20
 - NAFSCE members receive \$40 discount
 - Gain valuable strategies to reconnect with families during these difficult times
 - Learn best practices from states that have implemented model family engagement programs
- Family Outreach Series
 - This series recommends research-based outreach methods to families
 - Individuals who provide childcare resources or childcare subsidies may find this resource useful and an effective way to outreach.
 - Many web-series are located within this website that may be beneficial. Link → <https://childcareta.acf.hhs.gov/resource/family-outreach-series>
 - Virtually Transitioning from Head Start to Kindergarten (U.S. Department of Health & Human Services Link → <https://eclkc.ohs.acf.hhs.gov/blog/virtually-transitioning-head-start-kindergarten>

